



Dance & Bridal



FIRST DANCE CHECKLIST

WITH DANCE & BRIDAL

Avoid that awkward 2 step sway that puts everyone to sleep and embrace a unique & entertaining wedding dance performance with private customised coaching. Look & feel confident on your big day (even if you think you can't dance).

CONGRATS ON YOUR UPCOMING WEDDING!

We are so EXCITED for your unforgettable moment in the spotlight.

At Dance & Bridal, we turn nervous non-dancers, madly in love couples, and those with 2 left feet into dance Pros with “simple, yet impressive” customised choreography—so they can have fun, and feel Confident, Connected and Captivating in the spotlight.

We specialise in private wedding dance lessons offering customised choreography to fit your unique song & skill level (so you will always know your exact next step and trust you look AWESOME doing it).

Its a great way to be connected with your partner, surprise your friends and family, and capture some great photos. Whether you simply want to avoid the awkward high school sway or you are ready to take your dance to the NEXT LEVEL and make it one of the most jaw-dropping, fun & memorable parts of your event experience, we’ve got you covered.

With our dancing experience and working with MANY wedding couples, we pride ourselves on being passionate “Wedding Dance Experts” and have 5 star testimonials with humbling feedback.

With this experience we have learned what to do and WHAT NOT TO DO. Our First Dance Checklist will help you shortcut the learning curve and save you time, energy and money so you feel totally prepared for your moment in the spotlight.

Lets GOOOOO!

XOXO,

Tam & Jane

FIRST DANCE CHECKLIST

Prepping for your First Dance lessons:



Begin dance lessons 3-4 months prior to your wedding.

- This is the perfect timing to ensure the moves are fresh in your mind and body
- Ensure scheduling flexibility and time to practice in-between lessons

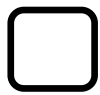


Choose your First Dance song:



- Before you dive into learning steps and choreography you must be clear on what song you will use. Otherwise, you will waste your precious time learning movements that don't fit your song!
- **IF you want to do a mashup** of songs be sure to have your music edited **BEFORE** your first lesson.
- Your song choice will help determine what dance style/s fit best.





Bring your wedding shoes to your lesson:

- This will give you an added layer of confidence on your big day and is a great way to break in your new shoes.



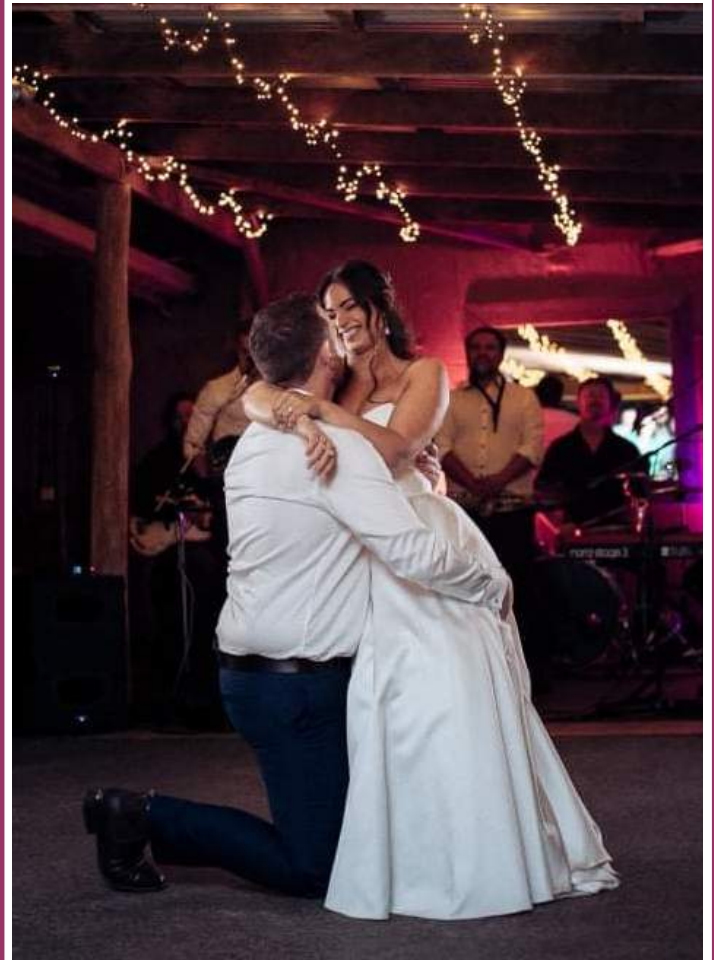
Let your **Wedding Dance Instructor** know your vision, including special elements or moves you love.

- The instructor's job is to ensure you have a dance that suits your personalities, makes you both feel confident and is one that your wedding guests will LOVE! So be sure to communicate your vision (even if your goal is just to not look like you are in high school! LOL).



Consider how your dress style will impact your dance.

- Be sure to let your instructor know if you have any mobility issues with your dress. For example, if your dress is long and won't be bustled then you would want to avoid any backwards travelling steps (like a Foxtrot).



Before the BIG DAY:

**Note: These are the most overlooked & crucial tips! You can thank us later for saving you the headache and heartache of forgetting these important details.*

1. Ensure your dress/shoes will work with your dance:

- Bustle:** Be sure to let your dressmaker/designer know the details of your first dance so they can be sure the bustle and length of your dress works with movement (and dancing in general throughout the whole night).
- Practice:** At your dress fitting you can practice lifting your arms, turning and walking forward and back to feel how the dress moves with you on your big day.



2. Communicate with your vendors!

- DJ/Band:** Let your DJ/Band know WHERE you are starting your First Dance. Center of the floor? Back right corner? Etc. If you skip this step they will just start playing your song before you are set and ready.

Communicate with your DJ/Band about when and how you are ending your dance as well.

- Photographer/Videographer:**

Let your photographer & videographer know that you have taken dance lessons and/or have choreographed a dance. This results in BETTER PICTURES because they can capture your special moments (like your lifts and dips).

Let them know WHERE on the dance floor you are starting and if you have any special moments you want to be sure they capture (like a lift or dip).





3.

Get a video of your first dance!

You can still get a fantastic video of your first dance, even if you decided not to splurge on a videographer. Mobile phones take amazing videos with today's technology.



Give two trusted friends the job of taking a video of your first dance. Like anything else—communication is key!

Tell them if you want a horizontal or vertical video and **WHERE** they should stand to ensure they get the best possible view.



PRICING

Setting your dance lessons up for success:

We Recommend **5x Wedding Dance Lesson Package** to ensure you leave the stress behind, feel relaxed, confident and have fun on your big day.

This is what a layout of the 5 lessons would look like:

- 1.** Introduce the basic timing & dancing style movements and start the choreographed steps of your dance.
- 2.** Continue learning the steps of your dance, building on your new dancing skills with a lift or trick.
- 3.** Finalise the choreography, and have your dance all mapped out.
- 4.** Go over the dance making transitions smooth and adding the extra flare and wow factor to make your dance really pop.
- 5.** Rehearse your finished dance and optimize those finishing touches so you are completely ready to show off your new dancing talent!



5x Wedding Dance Lesson Package:

- \$450 (discount bundle)

1x Wedding Dance Lesson:

- \$95 each for couple

Group Wedding Dance Lesson:

- \$95 for wedding couple plus
- \$5 per extra person
- E.g. Group of 4 \$105, Group of 6 \$115

(55min Lessons)



FINAL THOUGHTS

Remember the most important thing is to **HAVE FUN** and **CONNECT** with your partner. When your guests see you having fun on the dance floor, it sets the tone for a poppin' reception you'll remember forever!

If you need help boosting your confidence on the dancefloor, Tam and Jane are ready to customise the dance that will light up your night!

BOOK A LESSON AND TRY IT OUT

Located **BRISBANE**
4/12 Selhurst St, Coopers Plains

We look forward to dancing with you soon!

